Paul Mitchell The School Chicago

ESTHETICS COURSE INFORMATION

ESTHETICS COURSE DESCRIPTION

Standard Occupational Classification (SOC 39-5094.00)
Classification of Instructional Program (CIP 12.0409)

The curriculum involves 750 hours to satisfy Illinois state requirements. The course includes extensive instruction and practical experience in facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

****Graduates will be prepared to be an entry level esthetician.***

This course is taught in English. Textbooks and course materials are only offered in the English language.

ESTHETICS COURSE OVERVIEW

Course Hours: 750 clock hours

The course is divided into pre-clinical classroom instruction and clinical service learning experiences.

- **Pre-clinical Classroom Instruction:** The first 200 hours are devoted to classroom workshops where students learn design principles, technical information, and professional practices.
- **Clinic Classroom Learning Experience:** The remaining 550 hours are spent in the clinic area where practical experience is gained.

ESTHETICS COURSE OUTLINE

Your time at Paul Mitchell The School Chicago for the esthetics program will be divided into four designations:

- **Core Curriculum:** This 200 hour time period is dedicated to exploring foundational knowledge and basic esthetics facial, hair removal, and makeup procedures. You will receive individual attention in practical workshops, and you will complete monthly worksheets and periodic tests throughout the course. This is an intense and exciting portion of your experience.
- **Clinic Learning Experience:** You will enter a new phase of elective classroom workshops coupled with challenging practical services that will continue to build you into a confident skin care therapist.
- **Classroom Learning Experience:** During this phase of your learning, you will be introduced to guest speakers, prescriptive selling, motivation, self-improvement, body treatments, and emerging technologies. You will use your own technical and therapeutic abilities, coupled with the assistance of Learning Leaders, to provide service to guests. You will make discoveries and learn relationship building skills that will ensure your success in this exciting, diverse field.
- **Creative Curriculum:** You will dress, act, and work like a true professional. You will use your own technical and therapeutic abilities, coupled with the assistance of Paul Mitchell The School Chicago Learning Leaders, to prepare for your future beauty industry career.

ESTHETICS COURSE SUBJECTS

The instructional program of Paul Mitchell The School Chicago meets or exceeds the state requirements.

Subject Application	Practical Application	Practical Theory Hours
I. Basic Training Theory and Practical Application 1. history of skin care 2. personal hygiene and public health 3. professional ethics 4. sterilization and sanitation 5. introduction to skin analysis and skin care and facial treatment		
SUBTOTAL		**75**
II. Scientific Concepts 1. cells, metabolism and body systems 2. bacteriology 3. physiology and histology of the skin 4. human anatomy 5. chemistry - understanding chemicals and their use 6. disorders of the skin and specials esthetics procedures		
SUBTOTAL		**150**
III. Practices and Procedures 1. non-therapeutic massage, excluding the scalp 2. nutrition and health of skin 3. skin analysis 4. cleansing of skin 5. mask therapy and facial treatments 6. facial treatments without the aid of machines 7. electricity, machines and apparatus 8. facial treatments with aid of machines 9. hair removal; including tweezer method, depilitators, waxing and their use 10. professional makeup techniques 11. product knowledge as it relates to esthetics		
SUBTOTAL	**375**	**125**
IV. Business Practices 1. Illinois Barber, Cosmetology, Esthetics, Hair Braider and Nail Technology Act and Rules management. 2. OSHA standards relating to chemical use		
SUBTOTAL		**25**
TOTAL HOURS	**375**	**375**

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 750-hour course:

1. **Academic theory exams:** Students must receive a grade of 75% or higher on each assigned theory exam. Exams are completed at the conclusion of each online theory module.
2. **Core written and practical skill exams:** Students must receive a grade of 75% or higher on each written exam and each practical skill exam in order to complete the Core program. The exams are an overview of instruction taught during the Core schedule. All Core written and practical skill exams must be passed with a 75% in order to transition to the Clinic Classroom. If students are unable to pass each exam after two attempts, the student may be asked to withdraw from the program and re-enroll in the next available Core class start date.

3. **Final written and practical:** The written test covers an overview of all theory instruction, Illinois state law, and other items covered on the state esthetics exam. Students must receive a grade of 75% or higher on all final exams.
4. **Clinic Practical Skill Assessments:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using the MyPortico app. All assigned practical skill assessments must be completed in order to complete the program.

ESTHETICS INSTRUCTIONAL TECHNIQUES AND METHODS

The courses are provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lecture, demonstration, and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.