Paul Mitchell The School Fort Myers

SKIN CARE COURSE INFORMATION

SKIN CARE: SOC 39-5094.00, CIP Code 12.0409:
The curriculum involves 220 hours to satisfy Florida state requirements. The course includes instruction and practical experience in facials, manual or mechanical or chemical exfoliation, cleaning, toning, manipulations, packs, masks, or other treatment as needed, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

*Graduates are prepared for an entry level skin care.
This course is taught in English. Textbooks and course materials are only offered in the English language.

SKIN CARE COURSE OVERVIEW

- **Pre-clinical Classroom Instruction:** The first 60 hours are devoted to classroom workshops where students learn design principles, technical information, and professional practices.
- **Clinic Classroom Learning Experience:** The remaining 160 hours are spent in the clinic floor area where practical experience is gained.

SKIN CARE COURSE OUTLINE

Your time at Paul Mitchell The School Fort Myers for the skin care will be divided into three (3) designations:

- **Core Curriculum:** The first hours of time is dedicated to exploring foundational knowledge and basic facials and skin care procedures. You will receive individual attention in practical workshops, and you will complete monthly worksheets and periodic tests throughout the course. This is an intense and exciting portion of your experience.
- **Clinic Classroom Floor Learning Experience:** You will enter a new phase of specialty classroom workshops coupled with challenging practical services that will continue to build you into a confident skin care therapist.
- **Classroom Learning Experience:** During this phase of your learning, you will be introduced to guest speakers, prescriptive selling, motivation, self-improvement, body treatments, and emerging technologies. You will use your own technical and therapeutic abilities, coupled with the assistance of Learning Leaders, to provide service to guests. You will make discoveries and learn relationship-building skills that will ensure your success in this exciting, diverse field.

SKIN CARE COURSE SUBJECTS

The instructional program of Paul Mitchell The School Fort Myers meets or exceeds the state requirements.

Subjects	Clock Hours of Technical Instruction (Classroom Instruction)	Clock Hours of Lab Instruction (Services)
SC 101 Florida Laws and Rules	4	0
SC 102 Sanitation	10	0
SC 103 Ethics, Personal and Career Development	2	0

Subjects	Clock Hours of Technical Instruction (Classroom Instruction)	Clock Hours of Lab Instruction (Services)
SC 104 Basics of Electricity - Set up, use and maintenance of electrical devices.	2	1
SC 105 Facial Techniques and Contraindications - Facials, manual and mechanical, including masks, packs or treatments which must be performed on a variety of skin types, including normal, oily, dry, combination, problem and mature.	50	30
SC 106 Product Chemistry	8	0
SC 107 Hair Removal - including tweezing, waxing, threading, and sugaring	5	10
SC 108 Makeup - makeup application for both daytime and nighttime looks	1	10
SC 109 Skin Theory, Disease including but not limited to HIV/AIDS, and Disorders of the Skin	67	0
SC 110 Lash and Brow tinting	1	2
SC 111 Eyelash application, individual lashes, and semi-permanent lashes	1	12
SC 112 Manual Extractions	1	6
TOTAL HOURS	**150**	**70**

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

SKIN CARE COURSE DESCRIPTIONS

Subject	Description
SC 101 Florida Laws and Rules	This course teaches the Florida state laws and regulations in the field of esthetics, personal safety and sanitation, and licensure qualification.
SC 102 Sanitation	This course teaches the proper ways to sanitize implements. It also reviews the types of bacteria, covers the Milady chapter on sanitation and disinfection.
SC 103 Ethics, Personal and Career Development	This course teaches professional guidelines, parking, student kit, what is expected, and ethics in the beauty industry. Resume writing, interview process, responsibility in a salon environment , salary, and client retention.
SC 104 Basics of Electricity - Set up, use and maintenance of electrical devices.	Covers the fundamentals of electricity, safety protocols, and the proper use of electrical equipment and machines used in electrotherapy, such as microcurrent and high-frequency treatments.
SC 105 Facial Techniques and Contraindications - Facials, manual and mechanical, including masks, packs or treatments which must be performed on a variety of skin types, including normal, oily, dry, combination, problem and mature.	You will be learning about facial anatomy, muscle groups, and lymphatic systems, followed by hands-on practice of various massage techniques for skin health and relaxation and cleaning of the skin as well as extractions.
SC 106 Product Chemistry	You will learn about cosmetic chemistry, including the basic principles of chemistry, the physical and chemical properties of products, and how different ingredients affect the skin, along with product application techniques.
SC 107 Hair Removal - including tweezing, waxing, threading, and sugaring	How to apply wax correctly, including techniques for different body areas and hair types. How to prepare clients for waxing, including skin analysis, sanitation, and safety protocols and about proper aftercare to minimize irritation and ensure optimal results.
SC 108 Makeup - makeup application for both daytime and nighttime looks	You will learn how to match a clients skin tone to color correction and see which colors go together. Color contoured and classic makeup application, lash and brow tinting, and eyelash application.

Subject	Description
SC 109 Skin Theory, Disease including but not limited to HIV/AIDS, and Disorders of the Skin	This course teaches the theory about skin and its functions, the various skin diseases and disorders of the skin that are related to the study of skin. Teaches the causes of HIV and AIDS.
SC 110 Lash and Brow tinting	This course teaches the applications and proper techniques for lash and brow tinting services.
SC 111 Eyelash application, individual lashes, and semi-permanent lashes	This course teaches the the applications and various techniques of eyelash extensions.
SC 112 Manual Extractions	This course teaches the various ways to a properly remove extractions during facial treatments.

SKIN CARE PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 220-hour course:

1. **Academic theory exams:** Students must receive a grade of 75% or higher on each assigned theory exam. Exams are completed at the conclusion of each online theory module.
2. **Final written and practical:** The written test covers an overview of all theory instruction, Washington state law, and other items covered on the state esthetics exam. Students must receive a grade of 75% or higher on all final exams.
3. **Clinic Practical Skill Assessments:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using the Course Key app. All assigned practical skill assessments must be completed in order to complete the program.

SKIN CARE COURSE INSTRUCTIONAL TECHNIGQUES AND METHODS

The 220 hour skin care program is provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation, and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career-oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lectures, demonstration, and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.