# Paul Mitchell The School Nampa

## COSMETOLOGY/MAKEUP COURSE INFORMATION

### COSMETOLOGY/MAKEUP COURSE DESCRIPTION

(SOC 39-5012.00); (CIP 12.0401)

***This program is not currently offered.***

The state of Idaho requires 1600 hours of education to become licensed as a cosmetologist, however, the school offers a 1700 hour cosmetology/makeup program. The 1700 hour course includes extensive instruction and practical experience in cutting, hair coloring, perming, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, sanitation, state laws and regulations, salon-type administration, and job interviewing.

Within the additional 100 hours the course will include extensive instruction and practical experience in Fundamentals, Editorial, Special Effects make up, skin care and sanitation. The program also focuses on professional development to include on set etiquette, starting a career as a union make up artist and self marketing.

***Graduates are prepared to be an entry level cosmetologist and/or makeup artist.**

***This course is taught in English. Textbooks and course materials are only offered in the English language.***

### COSMETOLOGY/MAKEUP COURSE OVERVIEW

**Course Hours: 1600 clock hours**

The course is divided into pre-clinical classroom instruction and clinic classroom learning experiences.

- **Pre-Clinical Classroom Instruction:** The first 270 hours are devoted to pre-clinical classroom instruction where Future Professionals develop foundational knowledge and practical skills through classroom workshops, demonstrations, theory instruction, and guided practice. Instruction emphasizes design principles, technical procedures, safety and sanitation, professional conduct, and readiness for supervised services.
- **Clinic Classroom Learning Experience:** Future Professionals apply classroom learning through supervised practical instruction and guest services. With coaching and guidance from Learning Leaders, they refine technical skills, consultation and communication, guest experience, product recommendations, and professional work habits. Learning continues through mini-classes, feedback, and structured practice.

### COSMETOLOGY/MAKEUP COURSE OUTLINE

- **Core Curriculum:** The Core Curriculum introduces the foundational principles and skills of the program through theory instruction, demonstrations, and hands-on practice. Future Professionals build essential technical knowledge, safety and sanitation practices, client care, and professional habits. Learning Leaders monitor progress, and learning is evaluated through written, oral, and practical methods, as applicable. Completing Core successfully prepares students for the next phase of their education, including supervised clinic classroom experiences.
- **Makeup Academy:** Your experience in the makeup academy will includes extensive instruction and practical experience in makeup artistry. You spend 100 hours in the makeup academy.
- **Clinic Classroom Learning Experience:** In the clinic classroom, Future Professionals provide services to guests under Learning Leader supervision. They keep learning and reinforce classroom instruction through coaching, mini-classes, practical worksheets, and progress evaluations. They practice consultations, service planning,

technical proficiency, guest communication, sanitation and safety, and professional service habits.

- **Classroom Learning Experience:** Classroom education throughout the program includes cutting, coloring, texture, makeup, skin, and nails. Instruction combines theory, demonstrations, and practical application. Additional learning opportunities may address retailing and product knowledge, communication, professional development, motivation, and career readiness, facilitated by appropriate school team members or guest artists.
- **Adaptive Phase:** During the Adaptive phase, Future Professionals expand their knowledge through specialty classroom instruction and progressively challenging practical work. They continue developing technical consistency, problem-solving, guest service, confidence, and professionalism, with feedback and assessments supporting their progress.
- **Creative Phase:** The Creative phase focuses on refining technical and professional abilities as Future Professionals prepare to enter the industry. They apply artistic judgment, strengthen independence and accountability, and practice the standards of guest experience, teamwork, and professional conduct expected in a salon environment, with continued Learning Leader guidance.

### COSMETOLOGY/MAKEUP COURSE SUBJECTS

The instructional program of Paul Mitchell The School Nampa meets or exceeds the state requirements.

| Subject | Theory Minimum Requirements | Practical Minimum Requirements |
|---|---|---|
| 1. Theory | 160 | |
| 2. Bacteriology | 7 | |
| 3. Histology of Hair, skin, muscles, nails & nerves | 45 | |
| 4. Structure of the Hair | 7 | |
| 5. Elementary Chemistry relating to sterilization & antiseptics | 5 | |
| 6. Disease of the skin, hair glands & nails | 10 | |
| 7. Massaging & manipulating muscles of the Body | 5 | |
| 8. Permanent Waving | 50 | 50 |
| 9. Chemical Relaxing | | 25 |
| 10. Haircutting to include scissor, razor & clippers | 100 | 100 |
| 11. Hair arranging and dressing to include wet sets, finger waving, thermal, free style & braids | 50 | 250 |
| 12. Hair color to include bleaching, Tinting, semi-permanent, Temporary color | 50 | 100 |
| 13. Study of Electricity | 5 | |
| 14. Idaho laws & rules governing the practice of cosmetology | 15 | |
| 15. Scalp Treatment | 11 | 25 |
| 16. Facial to include plain, makeup & arches | 40 | 40 |
| 17. Manicures and pedicure to include plain and oil | 10 | 40 |
| 18. Personal & Professional Development | 20 | |
| 19. Salon Business and Preparation | 20 | |
| 20. Final Phase | 25 | |
| 21. Sanitation | | 15 |
| 22. Artificial Nails | 5 | 5 |

| Subject | Theory Minimum Requirements | Practical Minimum Requirements |
|---|---|---|
| 23. Unassigned | 195 | 115 |
| **Total** | **835** | **765** |
| **TOTAL CLOCK HOURS** | **1600** | |

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

The additional 100 hours of instruction will be for the cosmetology/makeup program:

| Subject | Theory & Demo Hours | Lab Work |
|---|---|---|
| Unit 0. Welcome & Orientation | 1 | |
| Unit 1. State Rules & Regulations | 1 | |
| Unit 2. Career Path & Industry Options | 3 | |
| Unit 3. Kit Opening | 2 | |
| Unit 4. Basic Bacteria | 1.5 | 2.5 |
| Unit 5. Basic Anatomy | 2 | |
| Unit 6. Color Theory | 2 | |
| Unit 7. Color Match & Color Correct | 1 | 1 |
| Unit 8. Contour: Highlight & Shade | 1 | 1 |
| Unit 9. Brows: History, Balance, Shape, & Design | 2 | |
| Unit 10. Eye Shapes, Contrast, Texture, Liner, & Lashes | 2 | |
| Unit 11. Blush & Lip Application | 2 | |
| Unit 12. Airbrush Makeup | 2 | 2 |
| Students will practice full makeup application following unit 12 | | 61 |
| Unit 13. Bridal & Age Appropriate Makeup | 2 | 1 |
| Unit 14. Photo Shoot & Runway Makeup | 1 | 2 |
| Unit 15. Portfolio | 2 | |
| Unit 16. Marketing & Social Media | 2 | |
| **Total Hours** | **29.5** | **70.5** |
| **TOTAL CLOCK HOURS** | **1700** | |

*The additional 100 hours of makeup is not regulated by the state and does not lead to licensure.*

**COSMETOLOGY/MAKEUP PROGRAM TESTING AND GRADING PROCEDURE**

The following tests and grading procedures are used to assess student learning and mastery of course content in the 1700-hour course:

1. **Academic theory exams:** Students must receive a grade of 70% or higher on each assigned theory exam.
2. **Core written and practical skills evaluation:** Students must receive a grade of 70% or higher on each written exam and each practical skill exam in order to complete the Core program. The exams are an overview of instruction taught during the Core schedule. All Core written and practical skill exams must be passed with a

70% in order to transition to the Clinic Classroom. If students are unable to pass each exam after two attempts, the student may be asked to withdraw from the program and re-enroll in the next available Core class start date.

3. **Final exam 1 (Approximately 850 hour written test):** This test covers an overview of all related cosmetology subjects (e.g., anatomy, chemistry, etc.). Students must receive a grade of 70% or higher on all final exams.
4. **Final exam 2 (approximately 1500 hour written test):** The written exam covers an overview of all theory instruction, Idaho state law, and other items covered on the state cosmetology exam. Students must receive a grade of 70% or higher on all final exams.
5. **Clinic Practical Skill Assessments:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using the Edular app. All assigned practical skill assessments must be completed in order to complete the program.
6. **Practical skills Test.**

The following testing and grading procedures are incorporated into the makeup portion of the course.

- Students must receive a grade of 70% or higher on each theory exam. Theory exams cover a review of Pivot Point Fundamentals.
- Students must receive a grade of 70% or higher on each classroom or clinic evaluation. Classroom and Clinic Evaluations cover practical application in a classroom or clinic environment.

**COSMETOLOGY/MAKEUP INSTRUCTIONAL TECHNIQUES AND METHODS**

The courses are provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lecture, demonstration, and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.