Paul Mitchell The School Nashville

ESTHETICS COURSE INFORMATION

ESTHETICS COURSE DESCRIPTION

Standard Occupational Classification (SOC) 39-5094.00
Classification of Instructional Programs (CIP) Code 12.0409

The curriculum involves 750 hours to satisfy Tennessee state requirements. The course includes extensive instruction and practical experience in facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

**Graduates will be prepared for an entry level esthetician position.*

This course is taught in English. Textbooks and course materials are only offered in the English Language.

ESTHETICS COURSE OVERVIEW

Course Hours: 750 clock hours

The course is divided into pre-clinical classroom instruction, clinic classroom and distance education learning experiences.

- **Pre-clinical Classroom Instruction:** The first 200 hours are devoted to pre-clinical classroom instruction where Future Professionals develop foundational knowledge and practical skills through classroom workshops, demonstrations, theory instruction, and guided practice. Instruction emphasizes design principles, technical procedures, safety and sanitation, professional conduct, and readiness for supervised services.
- **Clinic Learning Experience:** Future Professionals apply classroom learning through supervised practical instruction and guest services. With coaching and guidance from Learning Leaders, they refine technical skills, consultation and communication, guest experience, product recommendations, and professional work habits. Learning continues through mini-classes, feedback, and structured practice.
- **Distance Education Learning Experience:** Students enrolled in the program with distance education will complete a portion of their education through online learning.

ESTHETICS COURSE OUTLINE

- **Core Curriculum:** The Core Curriculum introduces the foundational principles and skills of the program through theory instruction, demonstrations, and hands-on practice. Future Professionals build essential technical knowledge, safety and sanitation practices, client care, and professional habits. Learning Leaders monitor progress, and learning is evaluated through written, oral, and practical methods, as applicable. Completing Core successfully prepares students for the next phase of their education, including supervised clinic classroom experiences.
- **Clinic Classroom Learning Experience:** In the clinic classroom, Future Professionals provide services to guests under Learning Leader supervision. They keep learning and reinforce classroom instruction through coaching, mini-classes, practical worksheets, and progress evaluations. They practice consultations, service planning, technical proficiency, guest communication, sanitation and safety, and professional service habits.
- **Classroom Learning Experience:** Classroom education throughout the program includes waxing, shaving, extractions,facials and lashes. Instruction combines theory, demonstrations, and practical application. Additional learning opportunities may address retailing and product knowledge, communication, professional

development, motivation, and career readiness, facilitated by appropriate school team members or guest artists.

- **Adaptive Phase:** During the Adaptive phase, Future Professionals expand their knowledge through specialty classroom instruction and progressively challenging practical work. They continue developing technical consistency, problem-solving, guest service, confidence, and professionalism, with feedback and assessments supporting their progress.
- **Creative Phase:** The Creative phase focuses on refining technical and professional abilities as Future Professionals prepare to enter the industry. They apply artistic judgment, strengthen independence and accountability, and practice the standards of guest experience, teamwork, and professional conduct expected in a salon environment, with continued Learning Leader guidance.

ESTHETICS COURSE SUBJECTS

The instructional program of Paul Mitchell the School Nashville meets or exceeds these requirements. The following subjects are taught within the brick & mortar program and the hybrid program:

Subject	Minimum Hours of Theory	Minimum Practical Operations
General: 150 hours		
Sterilization	15	10
Sanitation & Bacteriology	15	15
Professional Ethics	20	
Personality	20	
Salesmanship	20	
State Law	15	
Anatomy and Physiology	20	
Chemical: 150 hours		
Skin Conditions and Disorders	40	
Nutrition	10	
Aging Factors	10	
Product Ingredients and Usage	20	
Lash and Brow Tinting	10	15
OSHA and EPA Requirements	5	
Waxing	10	30
Physical: 450 hours		
Massage Movements and Manipulations	25	45
Masks and Packs	20	35
Facial Treatments With the Use of Machines	40	50
Facial Treatments Without the Use of Machines	35	45
Skin Analysis and Consultation	15	
Application of all Products and Machines	25	
Color Psychology	20	
Make-up	20	15

Subject	Minimum Hours of Theory	Minimum Practical Operations
Corrective Make-up	10	15
Arching	15	20
TOTAL HOURS	**455**	**295**

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 750-hour course:

1. **Weekly theory exams:** Students must receive a grade of 80% or higher on each weekly theory exam.Depending on the length of the module, theory exams will occur weekly or bi-monthly, within the 10% of distance education hours.The theory exams will evaluate the student's academic performance for each subject of the distance education curriculum.
2. **Core written and practical skills evaluation tests:** Students must receive a grade of 80% or higher.The Core practical skills evaluation must be completed within the school facility and cannot be taken through distance education.
3. **Final written and practical:** The written test covers an overview of all theory instruction, Tennessee state law, and other items covered on the state aesthetics exam.Students must receive a grade of 85% or higher on all final exams.Final Written Exam and Practical must be completed within the school facility and cannot be taken through distance education.
4. **Clinic practical worksheets:** Students must complete all clinic practical worksheets.

The following grading scale is used for theory progress:

A = 90 – 100% B = 85 – 89% C = 80 – 84% Failing = Below 80%

ESTHETICS INSTRUCTIONAL TECHNIQUES AND METHODS

The Esthetics 750 clock hour course is provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career-oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lecture, demonstration, distance education and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.

In order to enroll in the hybrid program of study, the student must have the following hardware, software, and network requirements:

- Apple iPad (Wi-Fi 32GB) // Samsung Galaxy Pro Tab 10.2 (Wif-Fi 32GB)
- High-Speed Internet minimum of 600 Kbps (a mere 0.6 Mbps) download speeds to make one-on-one video calls on Zoom. The company's website recommends a minimum 1 Mbps download speed for group calls. Doing group video calls in 1080p resolution requires at least 2.5 Mbps upload and download speed
- Google Chrome or Safari
- Zoom