Paul Mitchell The School Provo

MASTER ESTHETICS COURSE INFORMATION

MASTER ESTHETICS COURSE DESCRIPTION

Standard Occupational Classification (SOC) 39-5094.00
Classification of Instructional Programs (CIP) Code 12.0414

This program is not currently offered.

The curriculum involves 1200 hours to satisfy Utah state requirements. The course includes extensive instruction and practical experience in facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

****Graduates are prepared to be an entry level master esthetician.***
This course is taught in English. Textbooks and course materials are only offered in the English language.

MASTER ESTHETICS COURSE OVERVIEW

Course Hours: 1200 clock hours

The course is divided into pre-clinical instruction and clinical service learning experiences.

- **Pre-clinical Classroom Instruction:** The first 190 hours are devoted to classroom workshops, demonstration, and practical experience. You will learn esthetics principles, technical information, and professional practices.
- **Clinic Learning Experience:** The remaining 1010 hours are spent in the clinic classroom area, gaining practical experience.

MASTER ESTHETICS COURSE OUTLINE

Your time at Paul Mitchell The School Provo Master Esthetics Program will be divided into four designations:

- **Core Curriculum:** This 190-hour time period is dedicated to exploring foundational knowledge and basic esthetics facial, hair removal, and makeup procedures. You will receive individual attention in practical workshops, and you will complete monthly worksheets and periodic tests throughout the course. This is an intense and exciting portion of your experience.
- **Clinic Classroom Learning Experience:** You will enter a new phase of specialty classroom mini-classes coupled with challenging practical services that will continue to build you into a confident skin care therapist.
- **Classroom Experience:** During this phase of your learning you will be introduced to guest speakers, prescriptive selling, motivation, self-improvement, body treatments, and emerging technologies. You will use your own technical and therapeutic abilities, coupled with the assistance of Learning Leaders, to provide service to guests. You will make discoveries and learn relationship-building skills that will ensure your success in this exciting, diverse field.
- **Creative Curriculum:** You will dress, act, and work like a skin therapist professional. You will use your own technical and therapeutic abilities, coupled with the assistance of Paul Mitchell The School Provo Learning Leaders, to prepare yourself for your future beauty industry career.

MASTER ESTHETICS COURSE SUBJECTS

The instructional program of Paul Mitchell The School Provo meets or exceeds the state requirements.

Subject	Required Objectives Include	Objective Clock Hours
Overview of Curriculum		0.5
Implements, tools, and equipment for master esthetics		5.5
Analysis of the hair and skin	Properties of hair and skin	22
Diseases and disorders of the hair or skin prevention	Bacteriology; sanitation; sterilization; decontamination; and infection control	30
Personal, client, and shop safety	First aid; disinfection methods and procedures; sterilization methods and procedures; aseptic techniques; sanitary procedures; blood exposure procedures; Environmental Protection Agency (EPA) regulations; safety data sheet; and department of Health and Human Services regulations including Section 26B-7-402 and Rule R392-70	40
Manual hair removal	Draping; hard wax; soft wax; sugaring; depilatories; tweezing; shaving; and pre-care and post-care	10
Extractions	Manual methods; advanced; and comedone extractor	10
Facials	Manual methods; mechanical methods; cleansing clays; masks; and product knowledge	7.5
Laser	Laser and light physics training; laser technologies and application; safety and maintenance of lasers that may be satisfied by completing the Laser Safety Officer Course	125
Cosmetic medical procedures allowed		5
Chemical peels	Basic and advanced	30
Body Wraps		15
Microneedling		25
Dermabrasion and sanding		25
Chemistry for master esthetics		75
Body contouring and body dysmorphia as it relates to body contouring	Anatomy	15
Advanced pedicures	Anatomy Physiology of the lymphatic system Associated modalities	15 15 10
Law and rule		2
Business and shop management	Developing a clientele; professional image; professional ethics; professional associations; public relations; and advertising	30
Legal issues	Malpractice liability; regulatory agencies; and tax laws	20
Elective topics		59

MINIMUM SERVICE COUNTS FOR THE MASTER ESTHETICS LICENSE

Service Count Category	Minimum Service Count	Service Count Clock Hour	Total Hours
Waxing of the brow, lip, nose, cheeks, or chin using hard or soft wax or sugaring in any combination	15	0.5	7.5
Small or medium area waxing	10	1	10
Large area waxing	5	1.5	7.5

Service Count Category	Minimum Service Count	Service Count Clock Hour	Total Hours
Manual extractions, including using a comedone extractor	10	0.25	2.5
Back or basic facial	10	1	10
Cleansing the skin, applying oils, or antiseptics	shall complete with each service count	time included in each service count	time included in each service count
Limited chemical exfoliation including pre and post care	10	1	10
Arching of the eyebrows by tweezing or waxing	5	0,25	1.25
Eyelash perming or brow lamination	5	1	5
Tinting eyelashes or eyebrows	5	0.5	2.5
Securing the eyelash using tape or pad	10	0.5	5
Classic eyelash application or applying replacement lashes	10	2	20
Removal of lashes	2	0.25	0.5
Natural manicure including the use of manual tools or e-file	3	1	3
Natural pedicure including the use of manual tools or e-file	3	1	3
Callus removal by buffing or filing	3	0.25	0.75
Lymphatic massage	5	1.5	7.5
Body Wraps or hydrotherapy	3	1.5	4.5
Sanding to the stratum corneum	5	1.5	7.5
Microneedling	3	1.5	5.5
Dermaplaning	5	2	10
Other esthetic preparation using LED, galvanic, high frequency, microcurrent or ultrasonic exfoliation	10	1	10
Hot stone therapy	3	1.5	4.5
Contouring or cryolipolysis using any radiofrequency, ultrasonic, cavitation, or laser and light device	5	2	10
Chemical exfoliation or mechanical exfoliation including pre and post care	10	1.5	15
Small or medium area laser hair removal using any approved laser device	15	0.75	11.25
Large area laser hair removal using any approved laser device	5	1.5	7.5
Anti-aging resurfacing enhancements using any approved laser or light device	5	2	10
Photo rejuvenation using any approved laser or light device	5	2	10
Cleansing the skin, applying oils, or antiseptics	shall complete with each service count	time included in each service count	time included in each service count
Draping	shall complete with each service count	time included in each service count	time included in each service count
Client Consultation	shall complete with each service count	0.25	46.25
Sanitation, sterilization, decontamination, and infection control	shall complete with each service count	0.25	46.25

Service Count Category	Minimum Service Count	Service Count Clock Hour	Total Hours
Electives based on technology and industry advancements			306.75
Master Esthetics Practical exam review	1	8	8

**The time included in each service count cannot be accurately determined until the service has been fully completed.*

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

MASTER ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 1200-hour course:

1. **Academic theory exams:** Students must receive a grade of 70% or higher on each assigned theory exam.
2. **Core written and practical skills evaluation:** Students must receive a grade of 70% or higher on each written exam and each practical skill exam in order to complete the Core program. The exams are an overview of instruction taught during the Core schedule. All Core written and practical skill exams must be passed with a 70% in order to transition to the Clinic Classroom. If students are unable to pass each exam after two attempts, the student may be asked to withdraw from the program and re-enroll in the next available Core class start date.
3. **Final exam 1:** This test covers an overview of all related esthetics subjects (e.g., anatomy, chemistry, etc.).Students must receive a grade of 70% or higher on all final exams.
4. **Final exam 2:** The written exam covers an overview of all theory instruction, Utah state law, and other items covered on the state esthetics exam. Students must receive a grade of 70% or higher on all final exams.
5. **Clinic Practical Skill Assessments:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using the Edular app. All assigned practical skill assessments must be completed in order to complete the program.

MASTER ESTHETICS INSTRUCTIONAL TECHNIQUES AND METHODS

The Master Esthetics 1200 clock hour course is provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lecture, demonstration, and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.