Paul Mitchell The School Raleigh

ESTHETICS COURSE INFORMATION

ESTHETICS COURSE DESCRIPTION

SOC 39-5094.00, CIP CODE 12.0409

The curriculum involves 600 hours to satisfy North Carolina State requirements. The course includes extensive instruction and practical experience in facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

Graduates are prepared to be an entry level esthetician.
This course is taught in English. Textbooks and course materials are only offered in the English language.

ESTHETICS COURSE OVERVIEW

Course Hours: 600 clock hours

The course is divided into pre-clinical classroom instruction and clinic classroom learning experiences.

- **Pre-Clinical Classroom Instruction:** The first weeks of school are devoted to pre-clinical classroom instruction where Future Professionals develop foundational knowledge and practical skills through classroom workshops, demonstrations, theory instruction, and guided practice. Instruction emphasizes design principles, technical procedures, safety and sanitation, professional conduct, and readiness for supervised services.
- **Clinic Classroom Learning Experience:** Future Professionals apply classroom learning through supervised practical instruction and guest services. With coaching and guidance from Learning Leaders, they refine technical skills, consultation and communication, guest experience, product recommendations, and professional work habits. Learning continues through mini-classes, feedback, and structured practice.
- **Distance Education Learning Experience:** A student enrolled in a program with distance education may earn up to 30% of the program's total clock hours through distance education.

ESTHETICS COURSE OUTLINE

- **Core Curriculum:** The Core Curriculum introduces the foundational principles and skills of the program through theory instruction, demonstrations, and hands-on practice. Future Professionals build essential technical knowledge, safety and sanitation practices, client care, and professional habits. Learning Leaders monitor progress, and learning is evaluated through written, oral, and practical methods, as applicable. Completing Core successfully prepares students for the next phase of their education, including supervised clinic classroom experiences.
- **Protégé Learning Experience:** The Protégé Learning Experience supports the transition from Core into the Adaptive Curriculum and clinic classroom learning. Future Professionals continue guided practice, strengthen service readiness, and prepare to apply their skills in supervised guest experiences.

- **Clinic Classroom Learning Experience:** In the clinic classroom, Future Professionals provide services to guests under Learning Leader supervision. They keep learning and reinforce classroom instruction through coaching, mini-classes, practical worksheets, and progress evaluations. They practice consultations, service planning, technical proficiency, guest communication, sanitation and safety, and professional service habits.
- **Classroom Learning Experience:** Instruction combines theory, demonstrations, and practical application. Additional learning opportunities may address retailing and product knowledge, communication, professional development, motivation, and career readiness, facilitated by appropriate school team members or guest artists.

ESTHETICS COURSE SUBJECTS

The instructional program of Paul Mitchell The School Raleigh meets or exceeds the state requirements. The following subjects are taught within the brick & mortar program and the hybrid program:

Requirement Description
Students must pass the below evaluations with a passing grade of 100% prior to working on a mannequin or live model. (In this order)
Hand Washing
Implement Disinfection
Beginning and End of Day Infection Control
Blood Exposure (Self)
Blood Exposure (Client)
After the student passes the above evaluations the student must pass the below mannequin evaluations with a passing grade of 75% or higher.
Basic facial, including steam
Waxing
Lash lift and brow lamination
Artificial Lashes
Lash and brow tint

Guided Theory, Demonstration, Guided Practice, and Independent Theory and Practice	**Hours**
The first subjects to be taught in theory and practical application will be the infection control and blood exposure procedures as defined in 21 NCAC subchapter 14H. Once the infection control and blood exposure has been taught we will ensure instruction of theory and practical subjects including:	30
Draping; Basic facials; Waxing including underarm, lip, eyebrow, leg and bikini; Hair removal with depilatory and tweezers; Makeup application; Facials with machines including: woods lamp, magnifier, galvanic current, LED light, high frequency (direct and indirect), infrared light, vaporizer, microderm abrasion, suction, exfoliating; Manual exfoliation including products and devices; Manual extraction; Artificial lashes including single, eyelash extensions; Facial or body treatments (cleansing, manipulations, masks, and chemical peels); Aromatherapy; Make-up application; Lash lift and brow lamination; Microneedling; Dermaplaning; Lash and brow tint; Anatomy or physiology; Chemistry as it relates to esthetics; Business management; Professional ethics; and Board laws and rules.	385
In addition to the requirements set forth in the above paragraph all students will be trained on the following performance requirements:	

Guided Theory, Demonstration, Guided Practice, and Independent Theory and Practice	Hours
Basic facials (20) Waxing including underarm, lip, eyebrow, leg and bikini (20) Hair removal with depilatory and tweezers (10) Makeup application (15) Facials with machines including: woods lamp, magnifier, galvanic current, LED light, high frequency (direct and indirect), infrared light, vaporizer, microderm abrasion, suction, exfoliating (20) Manual exfoliation including products and devices (10) Manual extraction (10) Artificial lashes including single, eyelash extensions (15) Facial or body treatments (cleansing, manipulations, masks, and chemical peels) (15) Aromatherapy (5) Lash lift and brow lamination (15) Microneedling (10) Dermaplaning (10) Lash and brow tint (10)	185
TOTAL CLOCK HOURS	**600**

Prior to Future Professionals being allowed to perform services on a live guest, they must complete the following: demonstrate understanding of the performance on a mannequin; complete the State Board evaluations; Core worksheet; pass the Core Written Exam and Practical Exam.

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

Distance Education hours and assignments are graded and recorded daily. Theory chapter exams, final exams and final practical evaluations must completed in the school facility.

Paul Mitchell The School Raleigh provides guests to help Future Professionals complete required performances. However, the student is also responsible for utilizing their circle of influence to bring in guests to help reach their performance requirements.

ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 600-hour course:

1. **Academic theory exams:** Students must receive a grade of 75% or higher on each theory exam. Exams are completed at the conclusion of each online theory module. Depending on the length of the distance education module, theory exams will occur weekly or bi-monthly. The theory exams will evaluate the student's academic performance for each subject of the distance education curriculum.
2. **Final Exam:** Students must receive a grade of 75% or higher on their final exam. Final Exams must be completed within the school facility and cannot be taken through distance education.
3. **Clinic Practical Skill Assessments:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using the MyPortico app. All assigned practical skill assessments must be completed in order to complete the program.
4. **Distance education assessments:** Students must complete a distance education written assessment and practical skill assessment. These are based on performance and must be completed on-campus each month. The distance education assessment will focus on the distance education subjects covered during that time period. Students must receive a grade of 75% or higher on each distance education written assessment and each practical skill assessment. Only students enrolled in the distance education program are required to complete these assessments.

ESTHETICS INSTRUCTIONAL TECHNIQUES AND METHODS

The programs are provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lecture, demonstration, distance education, and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.

In order to enroll in the distance education program of study, the Future Professional must have the following hardware, software, and network requirements:

- Apple iPad, Iphone, Android Tablet or Phone, Computer (speakers, welcome and microphone (Windows (Windows 10 or later / Apple (macOS 10.9 or later)
- Minimum 800kbps/1.0Mbps (up/down) for high quality video
- Milady MindTap (included in student books and supplies)
- Chrome
- Zoom app (mobile) / Zoom Download for Windows or Mac