# Paul Mitchell The School San Diego

## ESTHETICS COURSE INFORMATION

### ESTHETICS COURSE DESCRIPTIONS

**Esthetics: *SOC 39-5094.00, CIP Code 12.0409:***

The curriculum involves 600 hours to satisfy California state requirements. The course includes extensive instruction and practical experience in skin, facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail (Take Home) skills, guest record-keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

**Graduates are prepared to be entry-level estheticians.*

***The esthetics program is approved as a brick & mortar program and a hybrid distance education*

***This course is taught in English. Textbooks and Course Materials are only offered in the English Language.***

### ESTHETICS COURSE OVERVIEW

**Course Hours: 600 clock hours**

The course is divided into pre-clinical classroom instruction and clinical service learning experiences.

- **Pre-clinical Classroom Instruction**: The first hours are devoted to classroom workshops where students learn design principles, technical information, and professional practices.
- **Clinic Classroom Learning Experience**: The remaining hours are spent in the clinic area where practical experience is gained.
- **Distance Education Learning Experience:** Students enrolled in the program with distance education will complete a portion of their education through online learning.

### ESTHETICS COURSE OUTLINE

Your time at Paul Mitchell The School San Diego for the esthetics program will be divided into four designations:

- **Core Curriculum**: The first hours are dedicated to exploring foundational knowledge and basic esthetics, facial, hair removal, and makeup procedures. You will receive individual attention in practical workshops, and you will complete monthly worksheets and periodic tests throughout the course. This is an intense and exciting portion of your experience.
- **Clinic Classroom Floor Learning Experience**: You will enter a new phase of specialty classroom workshops coupled with challenging practical services that will continue to build your skills as a future beauty industry professional.
- **Classroom Learning Experience:** During this phase of your learning, you will be introduced to guest speakers, prescriptive (Take Home) selling, motivation, self-improvement, body treatments, and emerging technologies. You will use your own technical and therapeutic abilities, coupled with the assistance of Learning Leaders, to provide service to service guests. You will make discoveries and learn relationship-building skills that will guide your success in this exciting, diverse field.
- **Creative Curriculum**: You will dress, act, and work like a true salon professional. You will use your own technical and therapeutic abilities, coupled with the assistance of Paul Mitchell The School San Diego Learning Leaders, to prepare for your future beauty industry career.

## ESTHETICS COURSE SUBJECTS

The instructional program of Paul Mitchell The School San Diego meets or exceeds the state requirements. The following subjects are taught within the brick & mortar program and the hybrid programs.

| Subject | State Minimum Requirements |
|---|---|
| **Technical and Practical Instruction in Skin Care**<br>Includes chemical and manual facials and massaging, stimulating, exfoliating, cleansing, or beautifying the face, scalp, neck, or body by the use of hands, esthetic devices, cosmetic products, antiseptics, lotions, tonics, or creams that do not result in the ablation or destruction of the live tissue. | 350 |
| **Technical and Practical Instruction in Health and Safety**<br>Includes hazardous substances, chemical safety, safety data sheets, protection from hazardous chemicals, preventing chemical injuries, health and safety laws and regulations, and preventing communicable diseases. | 100 |
| **Technical Instruction and Practical Training in Disinfection and Sanitation**<br>Includes disinfection procedures to protect the health and safety of consumers as well as the technician and proper disinfection procedures for equipment used in establishments. | 100 |
| **Technical Instruction and Practical Training in Hair Removal and Lash and Brow Beautification**<br>Includes tinting and perming eyelashes and brows and applying eyelashes to any person and includes removing superfluous hair from the body of any person by use of depilatories, tweezers, sugaring, nonprescription chemicals, or waxing, or by the use of devices and appliances of any kind or description, except by the use of lasers or light waves, which are commonly known as rays. | 50 |
| **TOTAL HOURS OF TECHNICAL INSTRUCTION** | **600** |

Paul Mitchell The School San Diego offers employment assistance to help graduates' efforts to secure education-related employment that includes, but no limited to training in professionalism, resume', development, job interview preparation and job search skills. No additional hours will be required to complete the additional training, and these additional courses are not a requirement for state licensure.

*Exceeds means that during the course of your training, you may complete more services than what is listed; however, no additional hours over the 1000 hours required by the Board of Barbering and Cosmetology (BBC) will be required.*

Distance Education hours and assignments are graded and recorded daily. Theory chapter exams, final exams and final practical evaluations must completed in the school facility.

## ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 600-hour course.

1. **Academic theory exams**: Students must receive a grade of 75% or higher on each assigned theory exam. Exams are completed at the conclusion of each online theory module. Depending on the length of the distance education module, theory exams will occur weekly or bi-monthly. The theory exams will evaluate the student's academic performance for each subject of the distance education curriculum.
2. **Midterm written and practical**: Students must receive a grade of 75% or higher on all final exams. These exams must be completed within the school facility and cannot be taken through distance education.
3. **Final written and practical**: The written exam covers an overview of all theory instruction, California state law, and other items covered on the state esthetics exam. Students must receive a grade of 75% or higher on all final exams. These exams must be completed within the school facility and cannot be taken through distance education.
4. **Clinic Practical Skill Assessments:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using My Portico App. All assigned practical skill assessments must be completed in order to complete the program.

5. **Distance Education Assessments:** Students must complete a distance education written assessment and practical skill assessment. These are based on performance and must be completed on-campus each month. The distance education assessment will focus on the distance education subjects covered during that time period. Students must receive a grade of 75% or higher on each distance education written assessment and each practical assessment. Only students enrolled in the distance education program are required to complete these assessments.
6. **Distance Education Assignments:** The institution will respond to student's submission of lessons, projects, and or evaluations the next business day.

**ESTHETICS INSTRUCTIONAL TECHNIQUES AND METHODS**

The 600 hour esthetics program are provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation, and job entry level skill. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative, and productive career-oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lectures, demonstration, distance education, and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.

In order to enroll in the hybrid program of study, the Future Professional must have the following hardware, software, and network requirements:

- Apple iPad, computer, or other mobile device
- An internet connection – broadband wired or wireless (3G or 4G/LTE). Minimum bandwidth is 600kbps (up/down) and recommended is 1.5 Mbps (up/down). Check your Internet bandwidth using Speed test.
- Pivot Point
- Google Chrome
- Zoom
- My Portico App.