Paul Mitchell The School NYC

ESTHETICS COURSE INFORMATION

ESTHETICS COURSE DESCRIPTIONS

ESTHETICS: ***SOC 39-5094.00, CIP Code 12.0409:***

The curriculum involves 600 hours to satisfy New York state requirements. The course includes extensive instruction and practical experience in facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

**Graduates are prepared to be an entry level esthetician.*

This program is taught in English. Textbooks and Course Materials are only offered in the English Language.

ESTHETICS COURSE OVERVIEW

Course Hours: 600 clock hours

The course is divided into pre-clinical classroom instruction and clinic classroom learning experiences.

- **Pre-clinical Classroom Instruction:** The first 190-hours hours are devoted to pre-clinical classroom instruction where Future Professionals develop foundational knowledge and practical skills through classroom workshops, demonstrations, theory instruction, and guided practice. Instruction emphasizes design principles, technical procedures, safety and sanitation, professional conduct, and readiness for supervised services.
- **Clinic Classroom Learning Experience:** Future Professionals apply classroom learning through supervised practical instruction and guest services. With coaching and guidance from Learning Leaders, they refine technical skills, consultation and communication, guest experience, product recommendations, and professional work habits. Learning continues through mini-classes, feedback, and structured practice.

ESTHETICS COURSE OUTLINE

- **Core Curriculum:** The Core Curriculum introduces the foundational principles and skills of the program through theory instruction, demonstrations, and hands-on practice. Future Professionals build essential technical knowledge, safety and sanitation practices, client care, and professional habits. Learning Leaders monitor progress, and learning is evaluated through written, oral, and practical methods, as applicable. Completing Core successfully prepares students for the next phase of their education, including supervised clinic classroom experiences.
- **Clinic Classroom Learning Experience:** In the clinic classroom, Future Professionals provide services to guests under Learning Leader supervision. They keep learning and reinforce classroom instruction through coaching, mini-classes, practical worksheets, and progress evaluations. They practice consultations, service planning, technical proficiency, guest communication, sanitation and safety, and professional service habits.
- **Classroom Learning Experience:** Instruction combines theory, demonstrations, and practical application. Additional learning opportunities may address retailing and product knowledge, communication, professional development, motivation, and career readiness, facilitated by appropriate school team members or guest artists.

ESTHETICS COURSE SUBJECTS

The instructional program of Paul Mitchell the School NYC meets or exceeds the state requirements:

Requirements	Total Clock Hours
ORIENTATION • School Rules and Regulations • History of Esthetics • The Role of the Esthetician • Qualities of the Professional Esthetician • Code of Ethics • New York State and Federal Laws, Rules, and Regulations • View and discuss the mandatory Domestic Violence and Sexual Assault Awareness online course	4
SAFETY AND HEALTH • Local, State, Federal Safety Codes • Classroom/Student Salon Rules and Regulations • Hazardous Materials Communications (HAZMAT)	8
INFECTION CONTROL • Types and Classification of Bacteria • Viral, Bacterial and Fungal Infections • Immunity and Body Defenses • Methods of Infection Control • Physical and Chemical Agents for Infection Control	18
ANATOMY AND PHYSIOLOGY • Cells, Tissues, and Organs • Body Systems	30
STRUCTURE AND FUNCTIONS OF THE SKIN • Physiology and Histology of the Skin • Structure and Functions of the Skin • Appendages of the Skin	18
NUTRITION FOR HEALTHY SKIN AND LONGEVITY • Maintaining a Healthy Body • Proper Nutrition effects on skin and health • Identify Free Radicals and Benefits of Vitamins	5
SKIN DISORDERS AND DISEASES • Identify Skin Disorders • Describe lesions and gland disorders • Identify and describe inflammation of the skin and pigmentation disorders • Identify and describe pigmentation disorders	12
SKIN ANALYSIS • Identify Skin Types • Identify Skin Conditions • Identify methods of use for client consultation • Identify methods of collection and analysis use in client consultation • Identify treatments and product selection based on the skin analysis	18
SUPERFLUOUS HAIR • Theoretical Overview of Permanent Methods (Electrolysis, Thermolysis and Blend) • Temporary Methods of Hair Removal: Manual Tweezing and Waxing (Strip and Non-strip)	60
CHEMISTRY • Chemistry as Related to Esthetics • Acidity and Alkalinity	3
CHEMISTRY AS APPLIED TO ESTHETICS • Cosmetics and Skin Care Products • Massage Creams and Oils • New Product Technologies • FDA Laws Governing Cosmetics and Skin Care • Skin Sensitivity and Allergic Reactions	21

Requirements	Total Clock Hours
ELECTRICITY AND EQUIPMENT • Electricity as Related to Esthetics Equipment • Electrical Equipment Safety • Galvanic Current for Iontophoresis or De-incrustation • High Frequency Current • Esthetics Equipment • Paraffin Unit • Emerging Technologies	18
FACIAL AND BODY PROCEDURES • Client Consultation • Skin Analysis, Product Selection and Treatment Recommendations • Facial and Body Procedures • Overview of Various Products to enhance the Appearance of the Skin • Facial Procedures with Electrical Equipment • Wet and Dry Exfoliations and Applications • Overview of Advanced Techniques	240
MAKE-UP TECHNIQUES • Color Theory • Morphology of the Face • Eyebrow Contouring • Make-up Application • Artificial Eyelashes • Advanced Make-up Techniques	70
BUSINESS PRACTICES • Business Operation • Accounting and Inventory • Payroll Regulations • Ethics and Professional Conduct • Retailing Techniques • Marketing (Advertising, Retailing, and Promotion) • Customer Relations	30
CAREER SKILLS • Identify Career Opportunities • Discuss proper job keeping attitudes and habits • Identify why people leave or lose their jobs • Prepare a resume and cover letter • Discuss interview preparations • Participate in actual or simulated job interview	12
INTRODUCTION TO ADVANCED ESTHETICS • Define Paramedical Procedures • Discuss Scope of Licensure • Overview of Medical Procedures • Pre and Post Operative Care	9
STATE BOARD PREPARATIONS	24
Hours required by NYS Regulations	**600**

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are incorporated during the student's 600-hour course:

1. **Academic theory exams:** Student must receive a grade of 80% or higher on each assigned theory exam.
2. **Midterm written and practical:** Students must receive a grade of 80% or higher on all final exams.

3. **Final written and practical:** The written test covers an overview of all theory instruction, New York state law, and other items covered on the state skin care exam. Students must receive a grade of 80% or higher on all final exams.
4. **Clinic Practical Skill Assessment:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using Course Key app. All assignments must be completed in order to complete the program.

ESTHETICS INSTRUCTIONAL TECHNIQUES AND METHODS

The 600 esthetics programs are provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation, and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career-oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lectures, demonstration, distance education, and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.