Paul Mitchell The School St. George

COSMETOLOGIST COURSE INFORMATION

COSMETOLOGIST COURSE DESCRIPTIONS

Cosmetologist: ***Standard Occupational Classification (SOC) 39-5012.00***
Classification of Instructional Programs (CIP) Code 12.0401

The curriculum involves 1250 hours to satisfy Utah state requirements. The course includes extensive instruction and practical experience in cutting, hair coloring, perming, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, sanitation, state laws and regulations, salon-type administration, and job interviewing.

****Graduates are prepared to be an entry level cosmetologist.***

This course is taught in English. Textbooks and course materials are only offered in the English Language.

COSMETOLOGIST COURSE OVERVIEW

The course is divided into pre-clinical classroom instruction, clinic classroom and distance education learning experiences.

- **Pre-clinical Classroom Instruction:** The first 168 hours are devoted to pre-clinical classroom instruction where Future Professionals develop foundational knowledge and practical skills through classroom workshops, demonstrations, theory instruction, and guided practice. Instruction emphasizes design principles, technical procedures, safety and sanitation, professional conduct, and readiness for supervised services.
- **Clinic Learning Experience:** Future Professionals apply classroom learning through supervised practical instruction and guest services. With coaching and guidance from Learning Leaders, they refine technical skills, consultation and communication, guest experience, product recommendations, and professional work habits. Learning continues through mini-classes, feedback, and structured practice.
- **Distance Education Learning Experience:** A student enrolled in a program with distance education may earn up to 50% of the program's total clock hours through distance education.

COSMETOLOGIST COURSE OUTLINE

- **Core Curriculum:** The Core Curriculum introduces the foundational principles and skills of the program through theory instruction, demonstrations, and hands-on practice. Future Professionals build essential technical knowledge, safety and sanitation practices, client care, and professional habits. Learning Leaders monitor progress, and learning is evaluated through written, oral, and practical methods, as applicable. Completing Core successfully prepares students for the next phase of their education, including supervised clinic classroom experiences.
- **Clinic Classroom Learning Experience:** In the clinic classroom, Future Professionals provide services to guests under Learning Leader supervision. They keep learning and reinforce classroom instruction through coaching, mini-classes, practical worksheets, and progress evaluations. They practice consultations, service planning, technical proficiency, guest communication, sanitation and safety, and professional service habits.
- **Classroom Learning Experience:** Classroom education throughout the program includes cutting, coloring, texture, extensions, skin, and nails. Instruction combines theory, demonstrations, and practical application. Additional learning opportunities may address retailing and product knowledge, communication, professional

development, motivation, and career readiness, facilitated by appropriate school team members or guest artists.

- **Adaptive Phase:** During the Adaptive phase, Future Professionals expand their knowledge through specialty classroom instruction and progressively challenging practical work. They continue developing technical consistency, problem-solving, guest service, confidence, and professionalism, with feedback and assessments supporting their progress.
- **Creative Phase:** The Creative phase focuses on refining technical and professional abilities as Future Professionals prepare to enter the industry. They apply artistic judgment, strengthen independence and accountability, and practice the standards of guest experience, teamwork, and professional conduct expected in a salon environment, with continued Learning Leader guidance.

COSMETOLOGIST COURSE SUBJECTS

The instructional program of Paul Mitchell The School St. George meets or exceeds the state requirements. The following subjects are taught within the brick & mortar program and the hybrid program:

Subject	Required Objectives Include	Objective Clock Hours
Overview of the curriculum		1
History of Cosmetology		2
Implement, tools and equipment for cosmetology		6
Analysis of the hair, skin, nails, and scalp	Properties of hair, skin, and scalp; and working with various hair textures	15
Diseases and disorders of the hair, skin, nails or scalp prevention	Bacteriology; sanitation; sterilization; decontamination; and infection control	40
Personal, client, and shop safety	First aid; disinfection methods and procedures; sterilization methods and procedures; aseptic techniques; sanitary procedures; blood exposure procedures; Environmental Protection Agency (EPA) regulations; safety data sheet; and department of Health and Human Services requirements including Section 26B-7-402 and Rule R392-702	24
Hair types and textures	Cut; Style; and product	4
Basic hairstyling and hair cutting	Draping; clipper variations; scissor cutting; shear cutting; razor cutting; and wet styling and thermal styling;	25
Hair extensions	Tape ins; wefts; keratin tip or “K-tip”; application process; cutting and blending; and maintenance and care	15
Coloring	Draping; the color wheel; understanding color theory; color application; permanent color; toning and glossing; corrective toning; color correction; filling/replacing lost pigment; virgin application; and low lights	30
Bleaching	Product understanding; best practices for using bleach; understanding hair texture; compromised hair; chemical breakage; hair porosity and elasticity; virgin application; non-virgin application; color correction; highlights; bleach placement; balayage; and on scalp bleach	25
Permanent or “perm” waving	Different types of perms; rod sizes; best practices; virgin application; non-virgin application	15
Chemical relaxers	Hair textures; best practices; compromised hair; maintenance; and product understanding including the effects of formaldehyde, formalin, or methylene glycol	20
Anatomy and physiology of the eye area		10
Eyebrow extensions	Preparation; Contraindications; aftercare; removal	1

Subject	Required Objectives Include	Objective Clock Hours
Eyelash and eyebrow chemical services	Preparation; contraindications; product knowledge; lash lift; brow lamination; lash tinting; arching and shaping of the eyebrows; brow tinting; and aftercare	16
Hair removal	Draping; hard wax; soft wax; sugaring; depilatories; tweezing; shaving; and pre and post care	13
Extractions	Manual; and Comedone extractor	3
Facials	manual methods; cleansing clays; and masks	10
Chemistry for nail technology		15
Theory of a basic manicure and a basic pedicure		5
Artificial nail techniques	Wraps; nail tips; gel nails; other acrylic nails; and nail art	15
Sculptured nails	Hard gel; poly gel; acrylic nail; and extreme nail art form	15
Business and shop management	Developing a clientele; professional image; professional ethics; professional associations; public relations; and advertising	30
Legal issues	Malpractice liability; regulatory agencies; and tax laws	5
Elective Topics based on technology and industry advancements		69

MINIMUM SERVICE COUNTS FOR THE COSMETOLOGIST LICENSE

Service Count Category	Minimum Service Count	Service Count Clock Hours	Total Hours
Cutting, clipping, or trimming various styles and hair textures of the head using scissors, shears, clippers, or another appliances	70	1	70
Shampooing with scalp treatments	6	1	6
Basic wet styling and blow drying, thermal styling	50	1	50
Removing hair from the face or neck using shaving equipment	15	0.75	11.75
Beard and mustache cut and trim	10	0.5	5
Wigs and hair pieces for the head, including cutting, wet styling, fitting, measuring, and forming caps	2	2	4
Gently massaging head, neck, and shoulders by manual or mechanical means	shall complete with each service count	time included in each service count	time included in each service count
Hair extensions including preparation and application	5	4	20
Cutting, trimming, or blending hair extensions using scissors, shears, clippers or another appliance	3	1	3
Permanent waving	12	3	36
Any combination of bleaching, balayage, highlighting, or lightening	12	4	48
Chemical relaxer which may be done on virgin hair, non-virgin hair, or as a touch-up application	5	2	10
Hair coloring to include tinting, toning, glossing, color correction, filling or replacing lost pigment, or low lights. These services may be performed on virgin hair, non-virgin hair, or as a touch-up application	12	2.5	30

Service Count Category	Minimum Service Count	Service Count Clock Hours	Total Hours
Waxing of the brow, lip, nose, cheeks, or chin using hard or soft wax or sugaring in any combination	15	0.5	7.5
Small or medium area waxing	10	1	10
Large area waxing	5	1.5	7.5
Manual extractions, including using a comedone extractor	10	0.25	2.5
Back or basic facial	15	1	15
Cleansing the skin, applying oils, or antiseptics	shall complete with each service count	time included in each service count	time included in each service count
Limited chemical exfoliation including pre and post care	8	1	8
Arching of the eyebrows by tweezing	5	0.25	1.25
Eyelash perming or brow lamination	5	1	5
Tinting eyelashes or eyebrows	5	0.5	2.5
Securing the eyelash using tape or pad	5	0.75	3.75
Natural manicure including the use of manual tools or e-file	10	1	10
Natural pedicure including the use of manual tools or e-file	10	1	10
Sculptured nails including the use of manual tools or e-file	10	1.5	15
Artificial nails including the use of manual tools or e-file	10	1.5	15
Removal of artificial or sculptured nails including the use of manual or e-file	5	0.5	2.5
Smooth, shave or remove dead skin from the feet using blades, including corn or callus planer, or rasp	7	0.25	1.75
Gently massage the hands, feet, lower arms, or lower legs by manual means	shall complete with each service count	time included in each service count	time included in each service count
Draping	shall complete with each service count	time included in each service count	time included in each service count
Client consultation	shall complete with each service count	0.25	84.25
Sanitation, sterilization, decontamination, and infection control	shall complete with each service count	0.25	84.25
Electives based on technology and industry advancements			220
Cosmetology practical exam review	1	8	8

**The time included in each service count cannot be accurately determined until the service has been fully completed.*

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

All final theory exams and final practical exams must be completed in the school facility, they cannot be completed through distance education.

COSMETOLOGIST PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 1250-hour course, which includes the hybrid distance education program:

1. **Academic theory exams:** Students must receive a grade of 75% or higher on each assigned theory exam. Exams are completed at the conclusion of each online theory module. Depending on the length of the distance education module, theory exams will occur weekly or bi-monthly. The theory exams will evaluate the student's academic performance for each subject of the distance education curriculum.
2. **Core written and practical skills evaluation:** Students must receive a grade of 75% or higher on each written exam and each practical skill exam in order to complete the Core program. The exams are an overview of instruction taught during the Core schedule. All Core written and practical skill exams must be passed with a 75% in order to transition to the Clinic Classroom. If students are unable to pass each exam after two attempts, the student may be asked to withdraw from the program and re-enroll in the next available Core class start date. The Core written and practical skills evaluation must be completed within the school facility and cannot be taken through distance education.
3. **Final exam 1:** This test covers an overview of all related cosmetology subjects (e.g., anatomy, chemistry, etc.). Students must receive a grade of 75% or higher on all final exams. Final Exam 1 must be completed within the school facility and cannot be taken through distance education.
4. **Final exam 2:** The written exam covers an overview of all theory instruction, Utah state law, and other items covered on the state cosmetology exam. Students must receive a grade of 75% or higher on all final exams. Final Exam 2 must be completed within the school facility and cannot be taken through distance education.
5. **Clinic practical worksheets:** Students must complete all clinic practical worksheets.
6. **Distance education assessments:** Students must complete a distance education written assessment and practical skill assessment. These are based on performance and must be completed on-campus each month. The distance education assessment will focus on the distance education subjects covered during that time period. Students must receive a grade of 75% or higher on each distance education written assessment and each practical skill assessment. Only students enrolled in the distance education program are required to complete these assessments.

COSMETOLOGIST INSTRUCTIONAL TECHNIQUES AND METHODS

The 1250 clock hour education is provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lecture, demonstration and student participation. Audio- visual aids, guest speakers, field trips, and other related learning methods are used in the course.

In order to enroll in the hybrid program of study, the Future Professional must have the following hardware, software, and network requirements:

- Apple iPad (Wi-Fi 32GB)
- High-Speed Internet minimum of 15 Mbps
- Milady Mindtap
- Google Chrome or Safari
- Zoom